

**Front Royal United Methodist Church**

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 Website [www.frumc.org](http://www.frumc.org)  
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Denise Bates, Pastor  
 Rhonda Thompson, Office Manager  
 David Chavez, Minister of Music & Worship Arts  
 Melissa Chavez, Music Ministry Assistant and  
 Youth Coordinator  
 Pam Waters, Director EBS/CDC  
 Barbara Robinson, Facilities Manager  
 Donna Quanton, Bookkeeper  
 Patti Henson, Housekeeper

Office Hours: 9:00 am—4:00 pm  
 Sunday Worship: 8:30 am and 11:00 am  
 Sunday School: 9:45 am

*Return Service Requested*



Sunday Services:  
 8:30 and 11:00 am.  
 Sunday School at 9:45 am

**SEPTEMBER BIRTHDAYS**

01	Donna Rae Robertson Sherry Haffer Clay Athey, Jr. Luke Poe	10	Matthew Bassford Pam Dyke	18	Patti Henson Emily Robinson Barry Shenk Jack Batchelder	23	Katie Herbaugh Peyton Ahmed Brennan Jenkins
02	Ryan Dyke Norah Pavalok Cullen Ahmed	11	Mary Ann Bennett David Wines	19	Hanna Besecker Jacob Simmons Seaphina Bowdey	25	Phyllis Williams Mimi DeLozier Laura LeMay David Kelly Will Waller
03	Leslie Morrison Edward Hoisington Kenesa Haffer	12	Betty Sue Howard	20	Jennifer Anderson	26	Louise Turner
04	Peggy Heyden Bobbie Henderson	13	Lucas Wells	21	Paul DeLozier Carl Bowman	27	Grace Green Diana Best Savannah Haffer
05	Elizabeth Bower	14	Bill Spicer Debora Orndorff Sharon LaFever Donnie Biggs, Jr. Jenny Loveless	22	Doug Kirby Marijo Cochran	28	Lonnie Monahan Jack Lee, Jr.
06	Kirsten Kinkel Stevie Little	15	Jeffrey Wilson	23	Emily Crawford Garrett Maddox	29	Harry Bowen Avis Petty Rick Star Frank Carter
07	Scott Hinkle Abbey Lee	16	Lisa Lord Peter Davis Raquel Foster Tony Rettberg Brad Drawdy		Barbara Robinson Brenda Wells John Henry		
09	Vivian Cameron Jane Moore	17	Tony Crim				
10	Sherry Cairns	18	Patti Henson Emily Robinson				

UMW News: On Sunday, August 10th. a luncheon was held in the Fellowship Hall at 12:30 PM for all ladies and men of the church 80 years and older. It was sponsored by the Executive Board of the FRUMW. The delicious roast beef dinner was prepared by Peggy Thompson and members of the Board. Historical pictures taken over the years on the history of the church were shown, bringing back memories for many of the attendees. These are in DVD form, and were prepared for the Centennial. Copies may be ordered from Hugh Martin (636-8321).

**Coming Events:**

**September 5th,6th,7th the Annual Book Sale** chaired by Violet Carter(635-8401) will be held in the **Fellowship Hall**. Set-up day will be September 4th. Books for the sale may be dropped off then. If you need help transporting them, call Violet (635-8401). Violet needs help setting up, keeping books straightened up and cleaning up when the sale is over. Call Violet or your Circle Leader if you can help. Times: Sept. 5th, (9AM-8PM), Sept 6th,(9AM-2 PM), Sept 7th,(12 NOON - 2PM).

**Saturday, September 6th** the District Mini Mission Encounter will be held in Stephens City UMC from **9 AM to 4 PM** . It will be much like the Conference Mission Encounter but at a shorter distance. Violet Carter and Lillian Sloane are chairpersons. Call Phyllis Blankenship, 635-9613, if you would like to go. The registration date has passed, but they may have a spot for you. We will be "car-pooling".

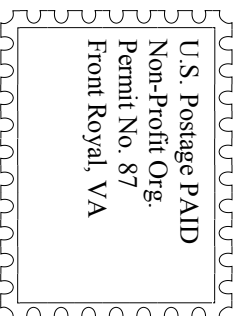
**September 16th at 7.00 PM. FRUMW General Meeting in the Fellowship Hall.** The program will be by Jacque Bowman, Spiritual Growth chairperson. The Naomis will be the hostesses. All ladies are invited to attend. Come and see and hear what the UMW teaches us "to know God and experience freedom as whole persons though Jesus Christ".

**September 23rd.@ 7:00 PM** in the **LFK Room**--UMW Executive Meeting. All UMW officers and Circle Leaders are to attend. If you can't, please get a substitute and call Mary Burke (635-5045).

**October 3rd-4th FRUMW Spiritual Retreat at Camp Overlook** near Harrisonburg. The theme will be "Heart Whispers", a daily spiritual practice led by the Rev. Denise Bates. All women are invited. Each room is \$90.00 with up to 4 occupants. The 3 meals will be approximately \$30.00. There is a \$25 registration fee due ASAP. We will car pool from the church. Please contact Jacque Bowman (635-4948) for more information. Registration was up in June, but if you would like to go, call Chairperson Jacque Bowman, she may have a "spot left".

**October 24th-25th FRUMW Annual Fall Bazaar** in the **Fellowship Hall**. The Chairpersons are Jacque Bowman (635-4948) and Jean Brown(631-9185). The tables will be the **Jewelry, Baked Goods, Country Store, Crafts, Painted Eggs, Silent Auction, Cake Walk, Food** (for eating). Watch the Bulletin and October Tower Notes for more information.

Enjoy the Fall Leaves!!



**September Events**

9/01 Labor Day (Office Closed)  
 9/05-07 UMW Book Sale  
 9/16 UMW General Meeting  
 9/24 Free Spirits Trip

**Upcoming Events**

10/24-25 UMW Annual Bazaar



I wonder what makes summer seem to fly by. Here we are again, ready to jump back in to the full schedule of Fall, and it feels like I have hardly caught my breath from June. What happened to all that organizing and catching up I was going to do? What happened to those short “2 day” trips to the lake that were going to be sprinkled throughout the summer? What happened to the time I was going to spend reading for fun and formation? Like so much in our lives in the world in which we live—it just slipped away. We turn our heads and the kids have grown and are off to college; we look the other way, and we are retiring (for the first or second time); we look around, and our hair has gotten grayer or there is quite a bit less of it. Time doesn’t stand still for any of us.

That is why this Fall, I am committing myself to make better use of my time. I am going to be intentional about my choices on how to spend my day. I am going to make relationships a priority—relationship with others, and especially my relationship with God. I am going to set aside time to study, pray and contemplate each day. Wait a minute—this sounds like another list; another chance for the grand skill of our time—multi-tasking. Hold the phone—that isn’t what is needed. Jesus said to Martha—who was so consumed by all the good things she had to do, that she missed the chance to sit at Jesus’ feet—Jesus told hardworking her—“that only one thing is needed, and Mary has chosen it.”

At FRUMC we are working on our focus; keeping things simple; making sure that everything we do is tied to our purpose—“ To **Connect** to God and others, to **Serve** community near and far in **Love**, and to **Live** the **Journey** together in Christ.” We are intentionally stepping back to basics: worship, study (formation), service, fellowship, witness. Cool thing is that all of these can be had within any one of them. At worship—we praise God, we learn about God, we connect with each other, we serve by participation and share our faith. Sounds like multi-tasking, I know, but think about it. Everything we do inside the walls of the church—is about equipping the church family to be the Church (the hands and feet of Christ) in the world. When we make intentional choices to connect with God and others—through worship, small groups, and service—we will enjoy fellowship and share our faith.

All of us need this. There isn’t a single one of us who couldn’t use some spiritual growth and focus on our faith. So here is the challenge: for the next **1** month, worship **1** time a week, be in a small group **1** time a week, serve others **1** time a week. Try it for a month. I know September is a horrendously busy month—but making time for God in our lives, isn’t an option if you call yourself a Christian. I invite you to let God’s Spirit take root within you—and it will make a difference—in your life and in the lives of your family, friends and co-workers. It will change the way you see yourself and how you see and relate to others. Give it a try. It is simple—but profoundly full of possibilities. **1-1-1... for 1 month. Give it a try—and let me know what happens!**

Blessings!

*Pastor Denise*

“As for me and my house, we will serve the Lord” Joshua 24:15b

To my Church family,

I want to thank my Church family for all of your prayers, cards, visits and food. I am so totally blessed to be a part of FRUMC. It has been a rough summer but with God’s love, your prayers and the help of my doctors, I am definitely on the road to recovery. Thank you so much!

With much love,  
Donna Rae

As many of you know my wife, Wanda Lowther, had quite an accident the end of May and is now getting back on her feet and we anticipate her back fully recovered in another month. It has been a slow process. During her time in the hospital, Lynn Care and home she received many cards, visits and flowers from our church family. Wanda and I would like to thank all of you for your prays and considerations. I am not too good with words but I came across a poem that expresses our feels quite well:

When someone does a kindness  
It always seems to me  
That's the way God up in heaven  
Would like us all to be.  
For when we bring some pleasure  
To another human heart,  
We have followed in His footsteps  
And we've had a little part  
In serving God who loves us----  
For I'm very sure it's true  
That in serving those around us,  
We serve and please God too.

God bless you all for your thoughts and prayers.  
Dwight Lowther

**Stewardship Reflections...**

The first day of this month was Labor Day, a day that has traditionally come to represent the last three-day “holiday” weekend of the year, the “unofficial” end of summer, and the beginning of a new school year in many places. Originally, Labor Day was designated to appreciate those whose hard physical labor made our nation strong; it has been viewed as a day of stewardship and an acknowledgment of the value placed on the use of our time, ability, and money. Our weekly tithes and offerings to the church come from our labors; this is our way of acknowledging God, who gave us stewardship of His creation.

**Please pray for our infirmed and homebound...**

Helen Seekford, Clemence Bruce, John Smith, Carrie Baker, Myrna Mason, Herbert McCall, Debbie Llewellyn, Esther McConahy, Frank Carter, Bernie Stokes, Ida Dehner, Kathryn Hall, Dorothy Scott, and Pauline Woodward

**Please be in prayer the families of...**

Our service men and women.

**Special prayers go out to our missionaries...**

Clara Biswas in Cambodia, Ann Kolbe in VIM Cambodia, and Beth Ferrell in Arizona

**Let us also remember the families of all service persons...**

Aaron Tuten, Lindsey Tuten, and Stephen Twele.



EBSCDC wishes a warm welcome to our new director, Pam Waters! With her rich experience with both the early education field and with the FRUMC family as well as in the community, EBS is poised to have a wonderful fall semester! Thanks to the tireless leadership of Interim Director, Cary Burke who will remain involved as a volunteer, and to all of the FRUMC supporters of the Center. Stop up to check out the excitement on the 2nd floor, including the implementation of exciting music curriculum from "Music with Mar" and remember, it's not to late to register for full or part day preschool!

Openings available at **EBS/CDC for Morning Preschool** program. Contact Pam Waters at 622-2503 or the church office.

**OPPORTUNITY TO SERVE**

We need some volunteers to help count and record the weekly offerings. Time commitment is one Monday per month in the morning—approximately 9am until noon. Contact Donna Quarton at 635-1943 or dononnaq@comcast.net if you can help.

**UMW Circle Meetings**

<b>Deborahs 09/03</b> 7pm in the Library	<b>Naomis 09/02</b> 7pm with Ann Crim
<b>Marthas 09/02</b> 1 pm in Fellowship Hall	<b>Ruths 09/23</b> 1pm in the Library
<b>Sarahs 09/03</b> 10am in the Fellowship Hall	

Last month we mourned the loss and celebrated the life of Betty Ann Gibson. Most of us have,

Thoughts from the Bookkeeper

at some point in our FRUMC life, had the pleasure of interacting with this very special lady. Amongst my memories is some very sage wisdom I received a few (plus a few) years back. About the time my husband was turning fifty I was debating with myself on a significant financial decision. Should I roll-over some retirement funds or use them to buy a Honda Gold Wing motorcycle for Donnie’s 50<sup>th</sup> birthday? Riding together was great fun and Donnie had a smaller motorcycle which was okay, but hard on the passenger (me). I found myself in conversation with Betty Ann regarding my dilemma and she very simply told me if this was something Donnie and I could enjoy together, DO IT. She then told me the story of how she and her husband, Tom, kept promising themselves “when we retire we will . . .” Unfortunately, shortly after retirement, Tom fell ill and they left a lot of things undone. I am grateful to Betty Ann for the few (plus a few) years of fun Donnie and I have shared, and continue to share, riding our Honda Gold Wing!

I wonder how often we put off pursuing our relationship with God. Are we delaying the opportunities Jesus puts in front of us today because we are all tied-up planning for or worrying about tomorrow? Are we too busy for Bible Study? Are we too busy to Worship? Are we too busy for Fellowship? Are we too busy to be in Mission? Are we too preoccupied to be the Christians we proclaim ourselves to be?

I pray we **don’t wait** to have the Faith to put God first in all we pursue. I pray we **don’t wait** to Trust that He will provide as He promised. I pray we **don’t wait** to Rest in our Relationship with Jesus. I pray we **don’t wait** too late to Listen for God’s call in our lives.

**“Today is the day that the Lord has made, let us rejoice and be glad in it.”**

Donna Quarton

**Mission Box 2014**

The **September** Mission Offering will be donated to

**Front Royal Ministerial Association  
Emergency Fund**

The **August** Mission Offering was donated to  
**Shade & Fresh Water Project**

**COMING UP...**

<b>October</b>	<b>Mozambique Orphanage</b>
<b>November</b>	<b>Backpack Buddies</b>
<b>December</b>	<b>Society of St. Andrew</b>