



Tower Notes

January 2011



Sunday Services: 8:30 and 11:00 am.
Sunday School at 9:45 am

January Events

- 01/02 Combined Service at 10:30 am in Sanctuary for Service Candle Presentation.
- 01/17 Martin Luther King Day Church Office Closed



“We have seen His star rising...” Matthew 2:2

The “Magi from the East” were said to be wise for their willingness to look to the future and begin taking action in the present. In order for them to arrive in Bethlehem, they had to prepare for their journey months or perhaps years ahead of time. Without any guarantee or “what ifs,” they determined to plan and execute their course in order to offer their very best.

It is my hope that we, the Front Royal United Methodist Church, share that same conviction to offer our very best to Christ. In order to offer our best, we, like the Magi, must plan ahead.

When we last worked through a long range plan for ministry, we knew that a good plan included a plan to plan again.

That time is upon us. In the early spring of 2011, you will be invited to offer input to a new long range plan. The church leadership is currently formulating the process we will go through in order to produce our next long range plan.

As we begin, remember that no process is perfect, and there will be many obstacles, detours and diversions along our path. We take on this task; because we, like the Magi of old desire to offer our very best to Christ.

Grace, Peace and Prayer for a vital New Year

Gary



The church office is looking for volunteers to help answer phones, greet visitors and do light office chores. Hours are from 9 am to noon and from 1 pm until 4pm. You may sign up to volunteer as much or as little as you wish, even once a month. A luncheon is being held for volunteers on Tuesday, January 11th at noon in the Fellowship Hall. If you are interested in joining our fun mission, call the church office and make a reservation to attend...no obligation, just lunch and some great fellowship with FRUMC's fantastic volunteer staff!



Please pray for our infirmed and shut-ins....

John Pond, Smith Baldwin, Helen Seekford, Elmer Foster, John Scott, John Smith, Carrie Baker, Myrna Mason, Pete Ricci, Nancy Peeler, Herbert McCall, Allison Green, Debbie Llewellyn, Tommy Howard, Sweeney Shiflett and Rachael Harrington.

Let us also remember the families of Louie Reed, Gerald Knox and Lucille Curl.

Special prayers go out to our missionaries, Clara Biswas in Cambodia, Ann Kolbe in VIM Cambodia, Jerald McKie, Consuelo Sandoval (Kansas) and Barbara Wheeler.

Special prayers for our service men and women: Aaron Tuten, Lindsey Tuten, Wesley Huff, Jeffrey Green, Tim McLaughlin, Chris Lamb and Arnold Williams III.

DISTRICT TRAINING TO BE HELD SATURDAY, JANUARY 22, 2011

8:30 am until 3:30 pm

**Registration Fees are based
on Deadline Dates!**

1/03/11 \$15.00

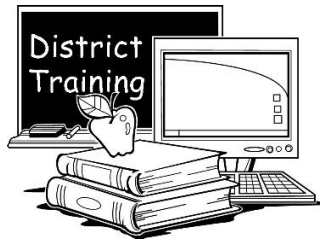
1/10/11 20.00

1/17/11 30.00

No childcare is available.

Please register as soon as possible as space is limited.

For a schedule, please contact the District Office at www.winchesterdistrictumc.org or go to the FRUMC website (frumc.org) and look under education.



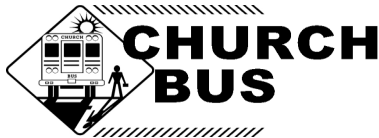
The UMCOR

Coffee Project links congregations with small coffee producers through the Equal Exchange organization, which pays a fair price to the growers. The great thing about this project is that you can save money and do some good at the same time. This premium product is available in a variety of roasts and grinds, as well as whole beans. Typical prices run between \$6.00 and \$8.00 for a 12 oz. bag.



FREE BLOOD PRESSURE SCREENINGS!!

Come get your blood pressure checked on the third Sunday each month after the 1st service in the Annex of the Church. This is a free service provided to all of our congregation members.



Our church bus continues to pick up passengers for the 11:00 am Worship Service on Sundays. If you would like to be picked up, you may call the church office or Harry Robertson at 636-6331 and we will welcome you on board. **Also, if you are a regular rider and do not plan on riding on a Sunday, please give Harry a call on Saturday**, in order that he can notify the driver.

Susan Hrbek is our Altar

Chair for 2010. If you need assistance, please contact her at **635-7954**. The Flower Chart Calendar is located in the church office and you may sign up for any available Sunday for Altar Flowers by writing your name and phone number on the chart. If you would like an altar committee member to arrange the flowers please let Susan know. The committee can prepare a nice arrangement with minimal expense if you desire or you may contact a local florist to prepare and deliver your arrangement. Thank you.



YOU CAN! LIVE WELL, VIRGINIA!

The Shenandoah Area Agency on Aging is sponsoring a **FREE** Workshop for chronic disease self management. The workshops will be held **once a week** from 10 am until 12:30 pm at Samuels Public Library. They begin on Wednesday January 5th and will run through February 9th.

Topics will include practical ways to deal with pain and fatigue, discovering better nutrition and exercise choices, understanding new treatment choices, learning better ways to communicate with your doctor and your family about your health and learning real-life skills for living a full, healthy life with a chronic condition.

To participate or volunteer to be a leader call:

1-800-883-4122 OR 1-540-683-9161

Opportunities and Outreach

What can I do?

My Brother's Table

Help cook, host, and/or clean up on the 3rd Thursday of each month at the Front Royal Presbyterian Church. Check in church office or with Jean Brown at 631-9185.

C-Cap Sundays

On the first Sunday of each month, collect and donate paper products for community pantry. The third Sunday of each month, collect and donate non per-

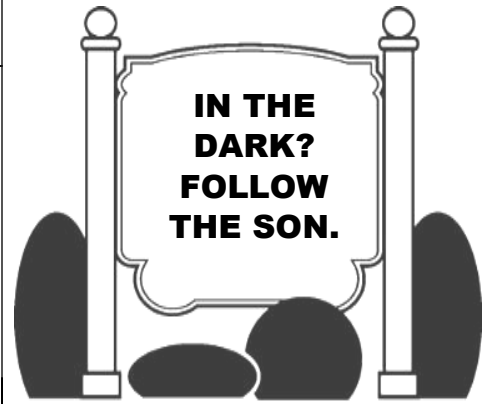
Mission Box

The **December** Mission Box Offering was went to **Society of St. Andrews.**
January Mission Offering will be donated to **House of Hope.**

UMW Circle Meetings.....

- 1/4 Marthas at 1 pm in the Fellowship Hall.
- 1/4 Naomis at 7 pm in the Fellowship Hall.
- 1/5 Sarahs at 10am in the Church Library.
- 1/5 Deborahs at 7pm in the Church Library. Phyllis Blankenship— program on the Sudan.

All circles welcome new friends.



VOLUTEER NEEDED

The church is in need of **Tellers** to count money on Monday mornings.

Please contact the church office if you can help. You can even be a substitute teller.

“The highest reward for a person’s toil is not what they get for it, but what they become by it.”
 —John Ruskin



Pastor's Bible Study

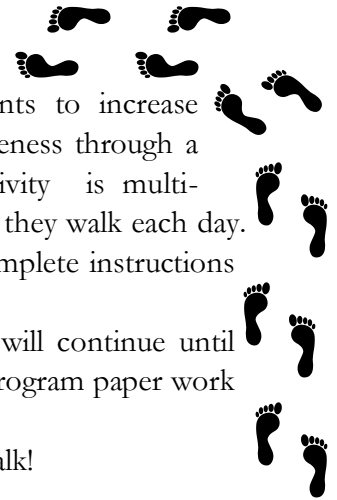
The Pastor's Bible Study continues to meet in the LFK Room on Sunday evenings at 6 pm. Everyone is welcome and please bring your Bible.
 Hope to see you there!

Walking to Jerusalem...

This imaginary walk encourages participants to increase physical activity, spiritual growth and cultural awareness through a virtual tour to Jerusalem. This “individual” activity is multi-generational with participants logging the miles that they walk each day. Walking packets will be issued and will include complete instructions as well as devotions for the walk.

The program begins on January 23rd and will continue until April 15th. If you would like help with any of the program paper work you may call Susan Hrbek.

So get your walking shoes on and join the walk!



The Church Office Staff wishes to thank everyone for their kind remembrances during the holiday season. Your cards, gifts and good wishes were much appreciated.



Congregational Care

Bring light to your life and to that of someone needing a visit. Join the Congregational Care members meeting on the 4th Thursday of each month at 10 am in the Fellowship Hall of our church.

Come and learn how you can help to spread kindness and cheer to those unable to get out and about. We would love to have you join us!

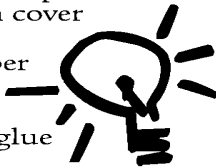


LIGHT SWITCH COVER

Everyone who believes in God and lives for him is a child of light. Make this cover for your bedroom light switch to remind you to be a light for God.

What you need:

- An adult to help
- Light switch cover
- Screwdriver
- Colored paper
- Markers
- Scissors
- Decoupage glue
- Paintbrush
- Craft knife



What you do:

1. Remove the screws from the cover.
2. On the paper, draw small images related to light and write out "Live as children of light" (Ephesians 5:8, NIV).
3. Cut out the drawings and verse. Make sure they'll fit on the cover.
4. Paint the cover with a coat of decoupage glue, and then immediately place the drawings and verse on the cover.
5. Paint over them with another coat of glue. Let it dry.
6. Turn the cover over and use a craft knife to cut out the opening for the light switch.
7. Using a screwdriver, place your new light switch cover on your wall.

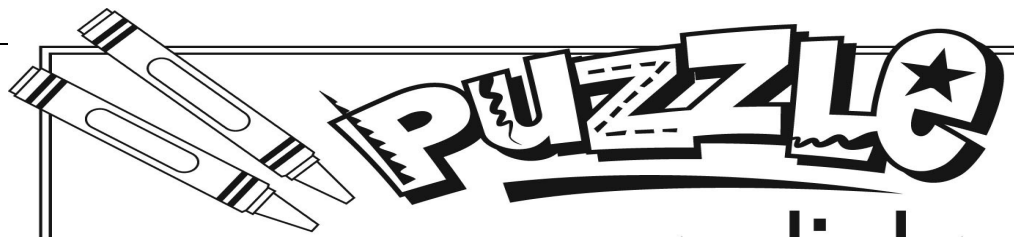
BIBLE QUIZ



A New Testament book says God designated Jesus as a "high priest" and that Jesus was the most perfect mediator between God and humans.

Choose the name of the book below:

- A. Romans B. Hebrews C. Matthew D. Revelation



From darkness to light

In the Bible, God speaks often about light and darkness. He gives us much instruction about which path we should choose.

- | | |
|-----------|---------------|
| 1. Good | Righteousness |
| 2. Death | Children |
| 3. Go | Life |
| 4. Evil | Come |
| 5. Adults | Bad |

Match the opposites and then write the word in the right-hand column in the correct blanks to finish each verse.

"When your eyes are good, your whole body also is full of light. But when they are _____, your body also is full of darkness." Luke 11:34, NIV
(1)

"I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of _____." John 8:12, NIV
(2)

"I have _____ into the world as a light, so that no one who believes in me should stay in darkness." John 12:46, NIV
(3)

"For what do _____ and wickedness have in common? Or what fellowship can light have with darkness?" 2 Corinthians 6:14, NIV
(4)

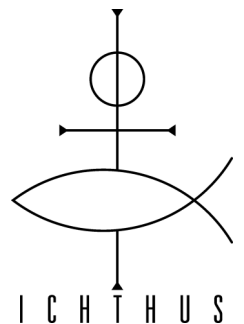
"For you were once darkness, but now you are light in the Lord. Live as _____ of light." Ephesians 5:8, NIV
(5)

Answers: 1. bad, 2. life, 3. come, 4. righteousness, 5. children

Christian Symbols

The first letters in the Greek phrase "Jesus Christ, Son of God, Savior" spell ICHTHUS, or fish. Early Christians used the sign to convey their faith and avoid persecution. In the gospels, fish are part of several miracles. They also represent people who need to be "caught" for Christ. Today, a fish bumper sticker is a popular indicator of Christian faith.

FISH



Messages and Announcements...

From the Heart....

Have you made any New Year's resolutions? Have you kept them? I consider resolutions promises I make to myself, for myself. I am not always successful in keeping them. I find it is easiest to keep them when I can integrate them into my existing daily routine and/or have someone help me keep them. Throughout the Old Testament, God made promises to the Israelites: save Noah and his family from the flood; never again to destroy the earth by flood; to make Abram into a great nation; David's kingdom would be established forever; and of a new covenant. God kept his promises. He also promised to be with us and to never leave us. The stories in the Bible and of fellow Christians strengthen my faith that God will keep this promise as well. This gives me great comfort and helps me keep the promises I make to myself. I hope it helps you in this coming year as well.

Susan Schall, Lay Leader

RECIPES CORNER...



The first **Fellowship Dinner** of the New Year will be held on **Thursday, January 13th at 6pm** in the Fellowship Hall. The menu is still undecided, but you can be assured that the meal will be delicious! Come and join us for dinner out and great conversation!

\$7.00 per adult \$3.50 children 12 and under



JANUARY BIRTHDAYS



1/01 Rachael Harrington
Ida Dehner
1/02 Judy Jennings
Steve Cronk
1/03 TJ Rettberg, Jr.
1/04 Dot Maddox
Muriel Vance
Trudi Riley
Robert Zalar
James Hitner
Chris Carter
1/05 Eileen Manuel
Lena Foster
1/06 Eloise Mauck
Michael Cairns
1/07 Tyler Lee
Kaden Anderson
1/08 Howard Keller
Lisa Graves
Katie McConahy
1/09 Ann Poe
Janice Mills
Valerie Wells
1/10 Bill Crawford
Randall Easter
1/11 Erin Coffron
1/12 Nelle Akers
Missy Crescienzi
William Jordan II
Katherine Coffron

1/13 Pam Martin
Melissa Hipple
1/14 George Shadman
Jacob Goode
1/15 Fran Van Doren
Dottie Lennox
1/16 Joyce Hamer
Alice Butler
Beth Heaton
1/17 Taz Ahmed
1/18 Steve Martin
1/20 Red Hall
Mildred Cornwell
Deborah Chadwell
Gregory Bowman, II
Michayla Bacon
1/21 Gretchen Bennett
Kara Waters
Mindy McMillen
Ericka Kennon
1/22 Gene Mathews
Sue Hrbek
Lauren McDaniel
1.23 Dora Heyman
Holly Beglinger
1/25 Adele Medved
Brooke Myers

1/26 Jane Stokes
Kerri Rodney
1/27 Patricia McMillen
Aaron Winfree
Dylan McGreevy
1/28 Pam Waters
Dianne Rusnak
1/29 Tammy Benson
Alyssa Crump
Josh Crump
1/31 Terry Colton



More...

More...

Thank You

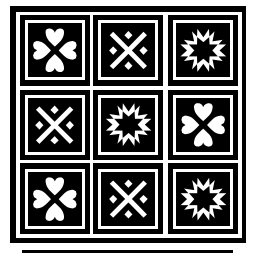
Dear Friends,

I was so pleasantly surprised to be notified that I had received the quilt from FRUMC. It is a beautiful quilt and I will cherish it forever. It is made even more special because it was made with love by so many friends which I have known for a long time!

Love,

Barbara

(Barbara Ambrose)



Notes from the Finance Secretary...

It has been a pleasure to serve you this past year. If you made regular contributions during 2010, you should have received your 2011 envelopes by now. Based on your 2010 pattern of giving, you were provided either weekly or monthly envelopes. If you did not receive envelopes and would like a set, please contact the church office. **Note:** All of the weekly envelopes have been assigned, but there are plenty of monthly envelopes available.

Because we have already closed out the 2010 calendar year, contributions received this year (2011) can only be credited to 2011.

2010 contribution statements will be available in the annex beginning January 9th. Statements which are not picked up will be mailed during the last week in January. If you have questions about your 2010 contributions or your statement, please contact me through our church secretary.

Dave Hardy

FRUMC Finance Secretary

AFTER SCHOOL YOUTH ENRICHMENT PROGRAM

The After School Enrichment Program for grades 6 through 9 is a safe and fun place for Middle School youth. They are supervised by two or more adults at all times and have a study time for homework, healthy snacks, opportunities for activities and games in or out, weather permitting, watch age appropriate movies, have tournaments, learn new things and generally have a good time being what they are—great kids! We are looking for a few volunteers to help us with driving the van to pick them up after school each day, and to help with some specialized activities.

If you have a valid license and can drive a 15 passenger van, or if you have a hobby or some knowledge you would like to share with a group of youth, please call Beth Quist at 635-2938 between 2 and 6:30 pm or 660-5686 any other time. If you know of a young person who would like to attend, you may call the same number. We meet in the First Baptist Church basement every day school is in session. The cost is \$150.00 per month. If you would like to help sponsor a child for this program, we most certainly could use your help.

Drop by and visit anytime! People in Middle School are some of the most spectacular young people you will ever meet!



Snowflakes by Linda A. Copp

Snowflakes spill from heaven's hand, lovely and chaste like smooth white sand.
A veil of wonder laced in light falling gently on a winter's night.
Graceful beauty raining down giving magic to the lifeless ground.
Each snowflake like a falling star smiling beauty that's spun afar.
Till earth is dressed in a robe of white unspoken poem the hush of night.

News and Happenings...



UMW News.....

Circle

Marthas—Tuesday, January 4th at 1:00 PM in the Fellowship Hall (Call Jean Brown for information-631-9185)

Naomis—Tuesday, January 4th at 7:00 PM in the Fellowship Hall (Call Jacque Bowman for information-635-4948)

Sarahs—Wednesday, January 5th at 10:00 AM (Call Ginger Marlowe for information-635-7560)

Deborahs—Wednesday, January 5th at 7:00 PM in the Library (Call Eleanor Chadwell for information 635-5782). Phyllis Blankenship to present a program on the Sudan.

It was a wonderful evening on Monday, **December 13th at 6 PM** in the **Fellowship Hall** when the **UMW** and **UMM** shared dinner and the evening to celebrate **Christmas**. The food was plentiful and delicious as always. United Methodists are such good cooks. Our organist, Tom Bowen, conducted, directed and accompanied several Christmas and snow musical numbers sung by one of his school choral groups. We have heard several of his student music programs over the years and thought this was one of or the finest they have ever done. Tom's accompaniment was such a pleasure to hear. It also is great to hear how much the students have learned and how well they sing. Also, in the first concert I heard, there were only 2 male voices, Monday evening there were seven males and eight females. The choice of numbers to perform was excellent. Most enjoyable! As you can see, if you were not there, folks, you missed a great evening. Mark your calendars for next year.

DATES to SAVE:

Dates not available at this time! Watch the weekly church bulletins for future meetings, events, etc.

THE TASK AHEAD OF US IS NEVER AS GREAT AS THE POWER BEHIND US.

UMM News...Changing of the Guard


Twenty five UM Men enjoyed a delicious chicken dinner, prepared by the women of the church at their regular second Monday meeting on November 8th. They heard Janice Hart, community relations director for the Front Royal Police Department, explain the many and varied programs in which the FRPD is involved.

New Officers were elected to guide the UMM for the coming year. Incoming Officers for 2011 are Bob Cullers, President; Dave Hardy, Vice President and Program Chair; Chad Hrbek, Chaplain; Jim Brown, Assistant Chaplain; Ronnie Pomeroy, Secretary/Treasurer; and Dick Joice, Food Critic/Time Keeper. We wish to thank outgoing President Jim Wells, who served for two years, Vice President Arnold Williams, Chaplain Jim Brown, and Secretary/Treasurer Mike Waters for serving the UMM in 2010. Special thanks also to Mike Waters who served as Secretary/Treasurer for two decades and to Don Bowman and Jim Brown, spearheads of the organization.

January 10th the Executive Director of our local Heritage Society, Patrick Farris, will be giving us new insights on early Methodism in our county. During his research, Patrick discovered some new details which should prove most interesting.

Join the UMM the second Monday evening in the Fellowship Hall for wonderful meals and stimulating programs.

January 2011 Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 
2 Combined Services	3	4 Marthas 1pm (FH) Naomis 7pm (FH)	5 Sarahs 10am (L) Deborahs 7pm (L)	6	7	8
9 Pastors Bible Study 6 pm (LFFK)	10	11 POPS 12 noon-8pm (FH)	12	13 Trustees 7pm (L)	14	15
16 Pastors Bible Study 6 pm (LFFK)	17	18	19	20	21	22
23 Pastors Bible Study 6 pm (LFFK)	24	25	26 Free Spirits Senior Luncheon Unwanted Gift Auction 10 am (FH)	27 Congregational Care 10am (FH)	28	29
30 Pastors Bible Study 6 pm (LFFK)	31					

I am the new year. I am an unspooled page in your book of time.
 I am your next chance at the art of living. I am your opportunity to
 practice what you have learned about life during the last 12 months.
 All you sought and didn't find is hidden in me, waiting for you to
 search it but with more determination. All the good you tried for and didn't
 achieve is mine to grant when you have fewer conflicting desires.
 All you dreamed but didn't dare to do, all you hoped but did not will,
 all the faith you claimed but did not have — these slumber lightly, waiting to
 be awakened by the touch of a strong purpose.
 I am your opportunity to renew your allegiance to him who said, "See,
 I am making all things new" (Revelation 21:5, NRSV).
 —Author unknown

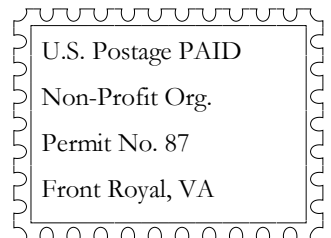
BRAND NEW

Front Royal United Methodist Church

1 West Main Street
 Front Royal, VA 22630



Phone: (540) 635-2935
 Fax: (540) 636-8516
 Web Site: www.frumc.org
 E-mail: towernotes@comcast.net



Return Service Requested

Staff:

- Gary Heaton, Pastor
- Rhonda Thompsen, Administrative Assistant
- Betsy Blauvelt, Director of Music
- Tom Bowen, 11:00 am Organist
- Delyn Celec, 8:30 am Pianist, Creative Worship
- Donna Quarton, Bookkeeper
- Barbara Robinson, Church Sexton
- Marty Shannon, Groundskeeper
- Cary Burke, Director of Education
- Jeanne Haley, Director, EBS Childcare/ Preschool

Office Hours 9:00 –4:00 pm

Sunday Schedule:

- Early Service 8:30 am
- Sunday School 9:45 am
- Second Service 11:00 am

